

TAMARA MYLES

MEDIUM BIO (<200 WORDS)

Tamara Myles is a Certified Professional Organizer®, corporate trainer, author and presenter who engages and enlivens audiences.

Her book, *The Secret to Peak Productivity*, provides a framework that helps corporations and individuals survive, succeed, and thrive.

Through this platform she evaluates physical and electronic space for inefficiencies. She explores time management and activity-goal alignment with an eye toward prioritizing and streamlining.

Tamara believes, “Employees, executives and entrepreneurs who are organized and have clearly defined goals are more productive, more balanced and less stressed.”

Her unassuming style is smart, accessible, and down-to-earth. Born in Brazil and fluent in Portuguese and English, she also speaks French and Spanish. Regardless of language, her message is clear.

An honors graduate in communication from Southern Illinois University, Tamara began her career handling large-scale projects for brands like CoverGirl, Adidas, Sony Electronics, Lands’End, and Spiegel before developing her Peak Productivity Pyramid™ System.

Tamara has served on the Board of Directors for the New England Chapter of the National Association of Professional Organizers. Her clients include Anytime Fitness, Best Buy, and Unilever (Brazil).

To schedule a speaking engagement or consultation:

Call 508-837-4112, email tamara@tamaramyles.com, or learn more on tamaramyles.com

SHORT BIO (<100 WORDS)

Tamara Myles is a Certified Professional Organizer®, corporate trainer, speaker and author of *The Secret to Peak Productivity*.

Her Peak Productivity Pyramid™ System provides a framework for companies to survive, succeed, and thrive.

In advising business leaders, she evaluates their physical and electronic space, time management practices and activity-goal alignment.

Her unassuming style is smart, accessible, and down-to-earth.

An honors graduate of Southern Illinois University, Tamara was born in Brazil, is fluent in Portuguese and English, but also speaks French and Spanish. Her clients include Anytime Fitness, Best Buy, and Unilever.



BRIEF BIO (<50 WORDS)

Tamara Myles developed the Peak Productivity Pyramid™ System to bring efficiency, time management, and activity-goal alignment to companies like Anytime Fitness, Best Buy, and Unilever. She's a Certified Professional Organizer®, former advertising executive, corporate trainer, bilingual speaker and author of *The Secret to Peak Productivity*.

TWITTER BIOS (<140 CHARACTERS)

What's The Secret to Peak Productivity? Ask Tamara Myles – author, speaker, productivity expert. Work smarter, save time, reach goals. [LINK](#)

Need a speaker? Productivity expert and author Tamara Myles will share secrets of The Peak Productivity Pyramid™ System. [LINK](#)

Author and corporate trainer, Tamara Myles, loves success. Discover The Secret to Peak Productivity. Available to consult and speak. [LINK](#)

